

TOP 10 REASONS TO DRINK WHEATGRASS EVERYDAY

HAVE YOU HEARD OF WHEATGRASS?

It's the new old super juice. The ancient people already knew about its superpowers. Now, the secret is about to be revealed again. No, there's no conspiracy theory here, no hidden agenda. It's just the power of nature, returning to those who listen - listen to the grass. And, those who do, will be rewarded with health and enter the circle of eternal youth where knowledge is transformed into wisdom. Here are Smiley Lemon's Top 10 reasons to have a daily shot of a pure wheatgrass juice:



10 GREEN IS »IN«

Nature is cool. You are what you eat. You've read it all on Facebook*. However, did you know that wheatgrass contains a full spectrum of **vitamins** and **minerals**, including the **thirteen essential ones**, combined with dozens of trace elements and enzymes? A lot!

* Studies also prove that you are what you like on Facebook. Like Us.

9 NECTAR OF THE PHARAOHS

Wheat grass can be traced back in history over **5000 years**, to ancient Egypt and perhaps even early Mesopotamian civilizations. It is said that ancient Egyptians found sacred the young leafy blades of wheat and prized them for their positive effect on their health and vitality. Wheatgrass was rediscovered in the 1930's. **Now in Geneva.**

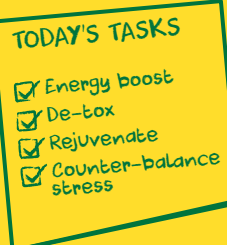


8 CONCENTRATED SUN POWER

Wheatgrass is packed with **chlorophyll**. A remarkable substance. Light energy. An embodiment of the sun. Making wheatgrass the **sunniest juice ever**. Chlorophyll arguably decomposes super-oxide radicals in the body and slows down aging process.

7 REACH YOUR DAILY TARGET

For some, eating enough veggies can be a task to procrastinate on. Juicing allows you to consume a healthier amount of vegetables in an efficient manner. Juicing helps you absorb all the nutrients from the vegetables.



6 SUPER JUICE FOR THE MILLENIUM

Proponents of wheatgrass claim regular ingestion of the plant can:

- improves the digestive system
- treat constipation
- believed to prevent some cancers, diabetes and heart disease
- detoxify heavy metals from the bloodstream
- cleanse the liver
- improves blood sugar problems; increases the function of the heart, affects the vascular system, the intestines, the uterus, and the lungs

5 GET CLEAN. DE-TOX. DE-STRESS.

Neutralizes toxins and purifies the body (liver included). Wheatgrass juice is a superior detoxification agent compared to carrot juice and other fruits and vegetables. Wheatgrass juice also acts as a detergent in the body and can be used as a body deodorant. If you try it, let us know.



Recommended listening:
STEWART WALKER -
BODY, HOUSE THE SOUL
(GROUNDED IN EXISTENCE)

4 FOREVER YOUNG

If your body feels that it is old, then you start acting old and you are old. Your mind follows your body. It all depends on your mindset. But you know that already. Keep feeling young and looking great. Wheatgrass has what is called the **grass-juice factor**, which has been shown to keep herbivorous animals alive practically indefinitely. Some of them still live. Skeptics say it is not true. Time to prove them wrong. Participants welcome.

3 GET UP, STAND UP. BURN FAT.

#Energy booster

Drinking your juice first thing in the morning can give you a natural **energy boost** without resorting to stimulants like coffee. Since the juice is already in an easily digestible form, it can help revitalize your energy levels within as little as 20 minutes. The high **magnesium** content in chlorophyll builds enzymes that **restore the sex hormones**. High nutritionally also naturally **diminishes the appetite**.



a) LATERAL VIEW

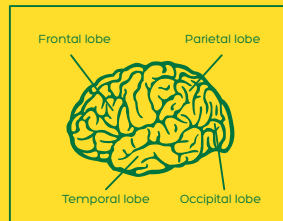


FIG. 1: DO NOT LOOK AT THE BRAIN. IT IS A TRICK.

2 HIGHER BY NATURE

#Energy #Oxygen #Rush

Wheatgrass is high in **oxygen** like all green plants that contain **chlorophyll**. This is beneficial because the brain and all body tissues function at an optimal level in a highly-oxygenated environment.

1 LITTLE SHOT, MASSIVE IMPACT

In summary, by taking wheatgrass juice, one may feel an increase in **strength** and **endurance**, renewed **health** and spirituality, and experience an **overall sense of well-being**. Natural. Fresh. Vegan and animal friendly. Swiss. (Surely, better than a stone in the back.) If you feel it, give it a try. And remember, **little shot - big impact**.



WHO CAN BENEFIT?

Everyone who takes care of their health and body.

HOW TO TAKE WHEATGRASS FOR BEST RESULTS?

Daily, in the morning. If you hold it in mouth for a while the effect increases.



WHERE TO BUY

- Smiley Lemon's Wheatgrass is available as:
- 50 ml bottle (2 shots) for 9,9 CHF
- Week package (4 bottles) for 36 CHF
- Monthly package (16 bottles) for 135 CHF

Visit us at the "Creperie de Paquis", Rue De Zurich 6 or order online at WWW.SMILEYLEMON.CH.

Supplies are limited.

